

## SIR 300 K – TACOMA - YELM - HOODSPORT - GIG HARBOR – TACOMA (Miles)

0.0	0.0		<b>CONTROL #1 -- Tacoma Dome Station</b>
0.1	0.1	R	G St, becomes E 26th
0.6	0.6	X	Pacific Ave, bc S Tacoma Way
0.9	1.6	R	S M St
0.1	1.7	L	S Center St
2.7	4.4	S	Becomes Regents Blvd
0.7	5.1	BL	@ Alameda, stay on Regents
0.7	5.8	S	Becomes 27th St W
0.4	6.1	L	Bridgeport Way W
1.5	7.6	R	Cirque Dr W
1.6	9.3	L	Grandview Dr W
0.8	10.1	L	At corner, becomes 64th St W
0.4	10.4	R	Chambers Creek Rd
2.5	12.9	S	Becomes Lafayette St
0.6	13.5	BL	Dupont-Steilacoom Hwy -- stay left of median
4.7	18.3	R	Center Dr
2.4	20.7	R	Take ramp onto I-5 South -- I-5 / Olympia
1.0	21.7	S	Take Exit 116 -- Mounts Road / Old Nisqually
0.2	21.9	L	Nisqually Rd [becomes Old Pacific Hwy]

5.4	75.9	X	US-12
0.1	76.1	L	196th Ave SW
0.4	76.4	R	Sargent Rd SW
3.6	80.0	R	Littlerock Rd SW
4.2	84.3	R	Maytown Rd at "T"
0.1	84.3	L	Littlerock Rd SW
2.1	86.6	L	110th Ave SW
1.0	87.6	R	Delphi Rd SW
9.7	97.2	L	Mud Bay Rd NW
0.2	97.5	L	<b>CONTROL #4 -- Blue Heron Bakery (left side of highway)</b>
0.0	97.5	L	Mud Bay Rd NW
0.6	98.1	R	Take Ramp onto US-101
29.9	128.0	L	<b>CONTROL #5 - Union 76, Hoodsport</b>
0.0	128.0	R	US-101
5.2	133.1	L	SR-106 (turn lane)
20.1	153.2	R	SR-3
1.6	154.9	L	E Victor Cutoff Rd -- green sign for Purdy / Tacoma
1.2	156.1	L	SR-302
9.3	165.4	L	Stay on SR-302 -- toward Gig Harbor
5.3	170.7	R	toward SR-16 East / Tacoma
0.7	171.5	S	Take ramp onto SR-16

5.6	27.5	L	SR-510
0.6	28.1	BR	Meridian Rd SE
2.6	30.7	R	Yelm Hwy SE
3.3	34.0	R	Ruddell Rd SE
0.2	34.3	L	At light, turn onto Yelm Hwy SE
1.2	35.5	R	Loop up onto Chehalis & Western multi-use trail, turn right
1.3	36.8	L	Trail jogs (on gravel) to Rainier Rd
0.1	36.9	R	Rainier Rd
0.1	37.0	R	On-ramp return to C&W -- Use extreme <b>CAUTION</b> on trail while passing through many gates
10.3	47.3	BL	Becomes Yelm-Tenino multi-use trail
1.6	48.9	R	<b>CONTROL #2 -- Rainer Market</b>
0.0	48.9	L	Return on Yelm-Tenino multi-use trail
2.2	51.0	L	Bridge on trail might be closed. If so, use SR-507 to cross river, then return to trail.
3.7	54.7	X	SR-507
2.4	57.1	L	Trails ends, left onto Washington Ave, becomes Park Ave
0.6	57.7	R	Crowder Rd SE
0.1	57.8	S	Straight onto SR-507
0.1	57.9	L	SR-507
10.9	68.8	R	W Reynolds Ave
1.3	70.1	L	Johnson Rd
0.4	70.5		<b>CONTROL #3 -- Centralia, open control</b>
0.0	70.5	R	Harrison Ave; bc Old Hwy 99

5.0	176.5	R	Take exit for Olympic Dr / Gig Harbor -- bicycles must exit
0.3	176.8	L	Olympic Dr NW
0.3	177.1	R	Cushman multi-use trail -- <b>HARD RIGHT</b> , easy to miss
1.9	179.0	R	14th Ave NW at end of trail
0.4	179.4	L	Jahn Ave NW at "T"
0.2	179.7	L	Stone Dr NW at "T"
0.2	179.8	R	Pass <b>thru construction</b> to access Tacoma Narrows Bridge sidewalk
1.5	180.7	R	Exit from SR-16 shoulder to Jackson Ave / 6th Ave
0.2	181.0	L	N Jackson Ave
0.6	181.5	R	17th St [becomes N Westgate Blvd]
1.0	182.5	X	N Pearl St, becomes N 21st St
0.1	182.8	R	N Highland St
0.5	183.3	L	N 11th St
2.1	185.4	L	N Steele St at "T", then <b>immediate R</b> onto N Ainsworth Ave
0.4	185.9	BR	At six way intersection, stay on S Ainsworth Ave
1.2	187.0	L	S 21st St -- steep downhill with stopsigns
1.0	188.0	R	Pacific Ave
0.2	188.2	L	S 24th St [becomes Puyallup Ave]
0.4	188.7	R	<b>CONTROL #6 -- Tacoma Dome Station</b>

## SIR 300 K – TACOMA - YELM - HOODSPORT - GIG HARBOR – TACOMA (KM)

0.0	0.0		<b>CONTROL #1 -- Tacoma Dome Station</b>
0.1	0.1	R	G St, becomes E 26th
0.9	1.0	X	Pacific Ave, bc S Tacoma Way
1.5	2.5	R	S M St
0.2	2.7	L	S Center St
4.4	7.1	S	Becomes Regents Blvd
1.1	8.2	BL	@ Alameda, stay on Regents
1.1	9.3	S	Becomes 27th St W
0.6	9.9	L	Bridgeport Way W
2.4	12.3	R	Cirque Dr W
2.5	14.9	L	Grandview Dr W
1.3	16.2	L	At corner, becomes 64th St W
0.6	16.8	R	Chambers Creek Rd
4.0	20.8	S	Becomes Lafayette St
1.0	21.8	BL	Dupont-Steilacoom Hwy -- stay left of median
7.6	29.4	R	Center Dr
3.9	33.3	R	Take ramp onto I-5 South -- I-5 / Olympia
1.6	34.9	S	Take Exit 116 -- Mounts Road / Old Nisqually
0.4	35.3	L	Nisqually Rd [becomes Old Pacific Hwy]

8.7	122.3	X	US-12
0.2	122.5	L	196th Ave SW
0.6	123.1	R	Sargent Rd SW
5.8	128.9	R	Littlerock Rd SW
6.8	135.7	R	Maytown Rd at "T"
0.1	135.8	L	Littlerock Rd SW
3.4	139.4	L	110th Ave SW
1.6	141.0	R	Delphi Rd SW
15.6	156.6	L	Mud Bay Rd NW
0.4	157.0	L	<b>CONTROL #4 -- Blue Heron Bakery (left side of highway)</b>
0.0	157.0	L	Mud Bay Rd NW
0.9	157.9	R	Take Ramp onto US-101
48.2	206.1	L	<b>CONTROL #5 - Union 76, Hoodsport</b>
0.0	206.1	R	US-101
8.3	214.4	L	SR-106 (turn lane)
32.3	246.7	R	SR-3
2.6	249.4	L	E Victor Cutoff Rd -- green sign for Purdy / Tacoma
2.0	251.4	L	SR-302
15.0	266.4	L	Stay on SR-302 -- toward Gig Harbor
8.5	274.9	R	toward SR-16 East / Tacoma
1.2	276.1	S	Take ramp onto SR-16

9.0	44.3	L	SR-510
1.0	45.3	BR	Meridian Rd SE
4.2	49.5	R	Yelm Hwy SE
5.3	54.8	R	Ruddell Rd SE
0.4	55.2	L	At light, turn onto Yelm Hwy SE
2.0	57.2	R	Loop up onto Chehalis & Western multi-use trail, turn right
2.1	59.3	L	Trail jogs (on gravel) to Rainier Rd
0.1	59.4	R	Rainier Rd
0.2	59.6	R	On-ramp return to C&W -- Use extreme <b>CAUTION</b> on trail while passing through many gates
16.6	76.2	BL	Becomes Yelm-Tenino multi-use trail
2.5	78.7	R	<b>CONTROL #2 -- Rainer Market</b>
0.0	78.7	L	Return on Yelm-Tenino multi-use trail
3.5	82.2	L	Bridge on trail might be closed. If so, use SR-507 to cross river, then return to trail.
5.9	88.1	X	SR-507
3.8	91.9	L	Trails ends, left onto Washington Ave, becomes Park Ave
1.0	92.9	R	Crowder Rd SE
0.1	93.0	S	Straight onto SR-507
0.2	93.2	L	SR-507
17.6	110.8	R	W Reynolds Ave
2.1	112.9	L	Johnson Rd
0.7	113.6		<b>CONTROL #3 -- Centralia, open control</b>
0.0	113.6	R	Harrison Ave; bc Old Hwy 99

8.1	284.2	R	Take exit for Olympic Dr / Gig Harbor -- bicycles must exit
0.5	284.7	L	Olympic Dr NW
0.5	285.2	R	Cushman multi-use trail -- <b>HARD RIGHT</b> , easy to miss
3.0	288.2	R	14th Ave NW at end of trail
0.7	288.9	L	Jahn Ave NW at "T"
0.4	289.3	L	Stone Dr NW at "T"
0.3	289.6	R	Pass <b>thru construction</b> to access Tacoma Narrows Bridge sidewalk
2.4	291.0	R	Exit from SR-16 shoulder to Jackson Ave / 6th Ave
0.4	291.4	L	N Jackson Ave
0.9	292.3	R	17th St [becomes N Westgate Blvd]
1.6	293.9	X	N Pearl St, becomes N 21st St
0.2	294.4	R	N Highland St
0.8	295.2	L	N 11th St
3.4	298.6	L	N Steele St at "T", then <b>immediate R</b> onto N Ainsworth Ave
0.7	299.3	BR	At six way intersection, stay on S Ainsworth Ave
1.9	301.2	L	S 21st St -- steep downhill with stopsigns
1.6	302.8	R	Pacific Ave
0.3	303.1	L	S 24th St [becomes Puyallup Ave]
0.7	303.8	R	<b>CONTROL #6 -- Tacoma Dome Station</b>